32nd Annual SCAN Symposium

PRESCRIPTIONS FOR SUSTAINABLE HEALTH, PERFORMANCE AND PRACTICE

APRIL 8-10, 2016
Portland, OR

LEARN FROM THE BEST!
EARN 23 CPEUs for attending the 2016 SYMPOSIUM

PORTLAND...
Home of the LARGEST CITY PARK in the United States
One of the TOP US CITIES FOR SUSTAINABLE AND HEALTHY LIVING
A brew pub, coffee shop, and urban winery hub

Scan Member/Professional/Student
Non-Member/Professional/Student
Network Member/Professional/Student

FULL REGISTRATION
By: February 8, 2016
$344 / $119
$310 / $107
$275 / $95

DAILY REGISTRATION
By: February 8, 2016
$162 / $88
$146 / $79
$130 / $70

Full Session Details, Registration + More:
WWW.SCANDPG.ORG/2016-SYMPOSIUM
**FRIDAY SESSIONS**

**KEYNOTE**  Aging Athletes: Health & Performance Across the Life Cycle

Small School Sports Nutrition:  
Keys to Developing a Sustainable Sports Nutrition Program

Acceptance and Commitment Therapy:  
Empowering Patients to Make Changes That Last

The Body of Evidence:  
Evaluating Research to Enhance and Sustain your Practice

How Sustainability is Shaping the Shopping Cart

When “Being Healthy” Goes Too Far:  
Assessment and Treatment for Orthorexia and Pathological Exercise

Ethics of Food, Sustainability and the Environment

**SATURDAY SESSIONS**

The 2015 Dietary Guidelines Scientific Report:  
What is the Newest Evidence for Nutrition and Cardiovascular Health?

Are There Plenty of Fish in the Sea?

Controversies in Fueling Ultra-Endurance Athletes:  
Insights from Early Humans to the Drive-Thru Window

Sports Culture Panel Discussion

Sensory Savviness:  
Nutrition and Health Benefits for a Flavorful Lifestyle

**KEYNOTE**  Good Food, Active Lifestyles, Health and Sustainability

**KEYNOTE**  Changing the Way We Do Things:  
Leveraging Co-Benefits of Sustainability and Health Through Active Transport and Local Food

What is Needed, Wanted and Backed by Science in the Eating Disorder World

Taking Nutrition Business Online, Legally

Dietary Energy Density and Exercise Intensity:  
Impact on Health, Weight, and the Grocery Bill

**SUNDAY SESSIONS**

Sustainable Practices that Consistently Get Athletes to the Olympics

Sustaining the Athletes’ Health and Performance Through an Interdisciplinary Approach

Helping Clients Find a Sustainable Relationship with Exercise:  
Understanding Avoidance and Dependence

Whole Foods versus Supplements:  How do they Measure Up?

Beyond the Pitch:  The Inside Scoop on Building Relationships with Editors

Embrace Your Voice and Be Heard in Today’s Food Conversation

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**DISCLOSURE:** SCAN reserves the right to substitute sessions and content if circumstances warrant.  
CPE credits will be requested from the Commission on Dietetic Registration.