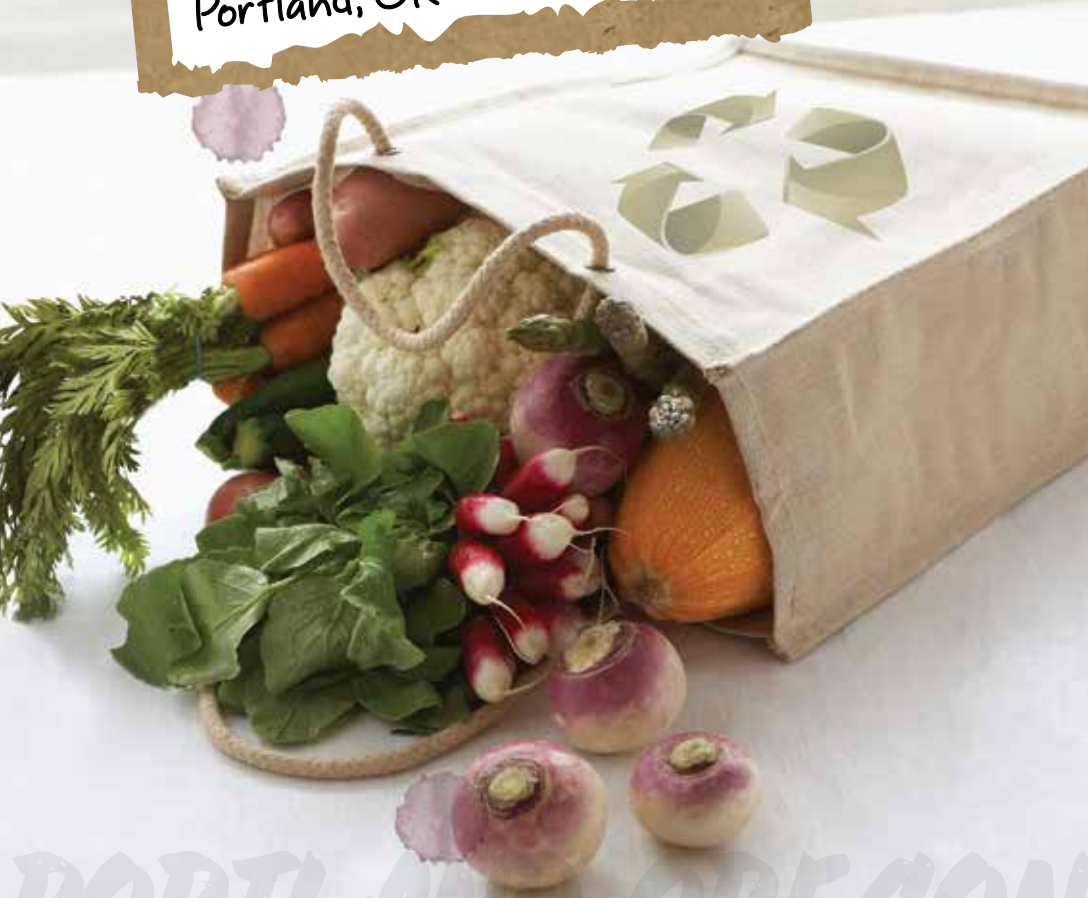


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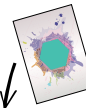
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# AGENDA PREVIEW

## FRIDAY SESSIONS

**KEYNOTE** *Aging Athletes: Health & Performance Across the Life Cycle* 

*Small School Sports Nutrition:  
Keys to Developing a Sustainable Sports Nutrition Program*

*Acceptance and Commitment Therapy:  
Empowering Patients to Make Changes That Last*

*The Body of Evidence:  
Evaluating Research to Enhance and Sustain your Practice*

*How Sustainability is Shaping the Shopping Cart*

*When "Being Healthy" Goes Too Far:  
Assessment and Treatment for Orthorexia and Pathological Exercise*

*Ethics of Food, Sustainability and the Environment*

## SATURDAY SESSIONS

*The 2015 Dietary Guidelines Scientific Report:  
What is the Newest Evidence for Nutrition and Cardiovascular Health?*


*Are There Plenty of Fish in the Sea?*

*Controversies in Fueling Ultra-Endurance Athletes:  
Insights from Early Humans to the Drive-Thru Window*

*Sports Culture Panel Discussion*

*Sensory Savviness:  
Nutrition and Health Benefits for a Flavorful Lifestyle*

**KEYNOTE** *Good Food, Active Lifestyles, Health and Sustainability* 

**KEYNOTE** *Changing the Way We Do Things:  
Leveraging Co-Benefits of Sustainability and Health  
Through Active Transport and Local Food* 

*What is Needed, Wanted and Backed by Science in the Eating Disorder World*

*Taking Nutrition Business Online, Legally*

*Dietary Energy Density and Exercise Intensity:  
Impact on Health, Weight, and the Grocery Bill*

## SUNDAY SESSIONS

*Sustainable Practices that Consistently Get Athletes to the Olympics*

*Sustaining the Athletes' Health and Performance Through  
an Interdisciplinary Approach*

*Helping Clients Find a Sustainable Relationship with Exercise:  
Understanding Avoidance and Dependence*

*Whole Foods versus Supplements: How do they Measure Up?*

*Beyond the Pitch: The Inside Scoop on Building Relationships with Editors*

*Embrace Your Voice and Be Heard in Today's Food Conversation*

**DISCLOSURE:** SCAN reserves the right to substitute sessions and content if circumstances warrant.  
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CPE credits will be requested from the Commission on Dietetic Registration

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